



**Welcome to
Owlets Nursery**

I Did Nothing Today

Author Unknown

When children come home at the end of the day,
The question they're asked as they run out to play
Is "Tell me what did you do today?"
And the answer they give makes you sigh with dismay.

"Nothing, I did nothing today!"

Perhaps "Nothing" means that I read a book,

Or...with a teacher I got to cook.

Maybe I painted a picture of blue,

Or heard a story of a mouse that flew.

Maybe I wrote in my journal myself,

Or found a great book on the library shelf.

Maybe I helped a friend today,

Or went to my favorite area alone,

Maybe today was the very first time

That my scissors followed a very straight line,

Maybe I sang a song right to the end,

Or worked with a special brand new friend.

When you're three, four, or five your heart has wings

And "Nothing" can mean so many things

Who's Who?

Staff in Owlets

We have a friendly, caring staff who are experienced and dedicated to provide a warm, stimulating and safe learning environment.



Miss Morley
Class Teacher



Mrs Clinton
Nursery Nurse



Mrs Newton
Nursery Nurse

Provision: the options

The sessions we offer

For those who are eligible for a **30 hours funded place** they will attend Nursery between 9am – 3pm

15 hours funded places:

- **Option 1:** all day Monday, all day Tuesday, Wednesday morning until 12pm (including lunch)
- **Option 2:** Wednesday from 12-3pm (no lunch on Wednesday), all day Thursday and all-day Friday

Owlets Nursery

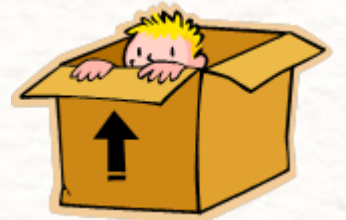


What to expect

The range of activities on offer

A typical session may include:

- Circle time
- A “Mindfulness Minute”
- Rhyme time
- Periods for outside play and learning
- Snack time
- Choose a book to take home and share (every Wednesday)
- Sand, water, mark-making, listening games and early phonics, counting and number activities, painting, printing, collage, play dough, using scissors or tools, construction kits, role play, book corner, small world (cars, dolls house, etc), fine motor control activities, puzzles, computers, physical play, a quiet area.....



Children are encouraged to initiate play and work with adults.



A typical morning in Owlets

The morning timetable

- **9am – The start of the morning**
Children come in, self-register, hang up coats, put their book bags in the box then select activities within the room.
- **9.30 – A ‘welcome’ carpet time**
Registration; “Days of the week” and “Weather” songs; a “mindfulness minute”; an introduction to the day.
- **9.40 – Free flow “Discovery time” (including a snack)**
Children can choose to work/play either in the classroom or the outdoor area. Children may work with an adult to work on a focused activity.
- **11.10 – Tidy up time**
- **11.15 – Singing/story time**
- **11.30 – Lunchtime**

Lunchtime and snack time

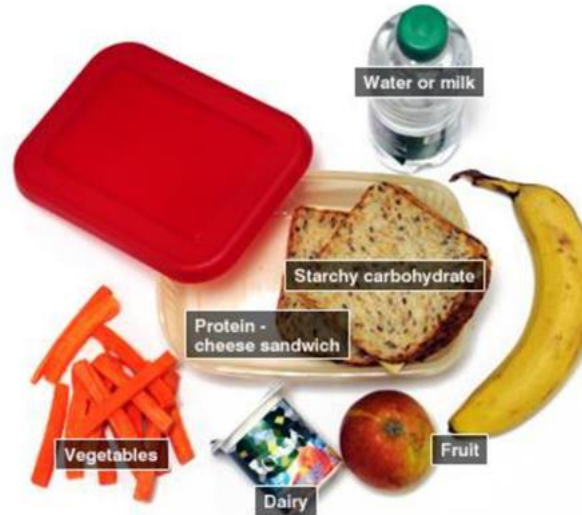
- Children may have school dinners or packed lunch.
- School dinners - **£2.60/day** (pay on SCOPAY)
- Owlets sit together.
- They are served at the table by staff.
- We have a designated adult to oversee the children during lunchtime.
- For those eating a packed lunch we encourage them to eat their sandwich (or alternative) first followed by a piece of fruit or yogurt then a tasty treat.
- Please do not overload your child's lunchbox as it can be overwhelming. Only provide them with the food you expect they will eat.
- Sweets, chocolate bars and fizzy drinks are not permitted.
- We have a number of children who suffer from nut allergies therefore, chocolate spread, peanut butter, cereal bars which contain nuts or packets of nuts are not permitted.
- Snack time: each morning the children are offered a piece of fruit and milk or water. You do not need to provide this. Water is available throughout the day.
- Water bottles should be filled with water only, not juice or squash.



A healthy lunchbox and portion size

Please remember, a full packet of crisps is an adult portion
Fizzy drinks, chocolate bars and sweets are not permitted.
Chocolate spread, peanut butter, cereal bars which contain nuts or packets of nuts are also not permitted.

"Healthy"
A healthy packed lunch should include



"Unhealthy"
A packed lunch should avoid



<https://www.bbc.co.uk/bitesize/articles/z4fmd6f> 15 lunchbox ideas

<https://www.nhs.uk/healthier-families/recipes/healthier-lunchboxes/> lunch box ideas



<https://www.nutritionist-resource.org.uk/content/lunch-box-ideas.html#lunchboxideas>

A typical afternoon in Owlets

The afternoon timetable for both rooms

- **12.00 – Return to the classroom** (On Wednesday part-time child are collected or arrive at 12pm).
- **12.05 – Discovery time** – a time for free choice and challenges
- **1pm – An afternoon carpet time**
Maths, topic, music, circle time, “mindfulness minute”
- **1.15 – Discovery time**
- **2.30 – Tidy up time**
- **2.40 – Singing/story time**
- **2.55pm – Hometime** - Please collect the little ones first if they have older siblings



Paid extras

Breakfast Club, between 7.30am- 8.30am - £4.90 (booked through Camp Glide)

Early Starters, from 8.30-9am, £2 (booked through SCOPAY)

After school Club currently only available for children who are toilet trained – **£12**. Sessions must be booked in advance through SCOPAY

EYFS

What is the Early Years Foundation Stage?

At Burstow our Nursery and Reception classes follow a structure of learning, development and care.

This is called the “Early Years Foundation Stage” (EYFS).

Within the EYFS the **Characteristics of Effective Teaching and Learning** and the prime and specific **Areas of Learning and Development** are all inter-connected.



Characteristics of Effective Teaching and Learning

The Characteristics of Effective Teaching and Learning

The ways in which the child engages with other people and their environment underpin learning and development across all areas and support the child to remain an effective and motivated learner.

Playing and Exploring – engagement

- Finding out and exploring.
- Playing with what they know.
- Being willing to 'have a go'.

Active Learning – motivation

- Being involved and concentrating.
- Keeping trying.
- Enjoying achieving what they set out to do.

Creating and Thinking Critically – thinking

- Having their own ideas.
- Making links.
- Choosing ways to do things.



Areas of Learning and Development

The Areas of Learning and Development

The **prime** areas begin to develop quickly in response to relationships and experiences and run through and support learning in all other areas.

The **prime areas** are fundamental through the Early Years Foundation Stage:

- Communication and Language
- Physical Development
- Personal, Social and Emotional Development

The **specific areas** include essential skills and knowledge. They grow out of the prime areas, and provide important contexts for learning:

- Literacy
- Mathematics
- Understanding the World
- Expressive Arts and Design



**We wear our
own clothes to
Nursery**



**After all, the best days end in dirty
clothes!**

What do I need for Nursery?

- Coat – for all weathers
- Wellies – to stay in school
- A bag of spare clothes in case of accidents (kept in school)
- A sunhat – in the Summer months
- A warm hat and mittens – in cold weather
- A water bottle – water only
- A bookbag (we do prefer a bookbag rather than a rucksack as many picture books become ruined in a rucksack)
- Nappies, nappy sacks and wipes (if not yet clean and dry)

Handy hint: to aid independence please dress your children in clothes they can pull up and down or remove easily.

No shoe laces, CROCS or open toed shoes please.

Shoulders should be covered and sun cream applied before the Nursery day at home.

Please can all of the above be clearly named.

Coloured loops can help identification and independence too.

Now available

Although we do not have a Nursery uniform, an Owlets zip-up hoodie is now available from Your Image.



Bookbags are available from Your Image (see link below) and the school office for £8.

<https://yourimageschoolwear.co.uk>

Phone: 01737 766106

Email: sales@yiltd.co.uk



Also some school clothing is now available from size 3-4 years should you wish to purchase it.

How can I help my child?

Part 1



The fun activities that you do with your child at home are important in supporting their learning and development. They have a really long-lasting effect on your child's learning as they progress through school.

Books and phonics

Each Wednesday your child will have the opportunity to choose a library book to bring home and share with you. Sharing books, making up stories and role-playing characters are vital for your child's development and will instill a lifelong love of books and learning. Here are two video links to the Ruth Miskin programme, 'Read, Write Inc.' that we use in school

- Parent video: Why read with your child?
<https://www.youtube.com/watch?v=kjHqJQ8sxs4&list=PLDe74j1F52zSCiOMSn3zQDSzgu9TrbQ1c&index=8>
- Parent video: How to say the sounds
<https://www.youtube.com/watch?v=TkXcabDUg7Q&t=48s>

We will also share a book with your child each week in Nursery so please bring the reading diary EVERYDAY.

How can I help my child?

Part 2

Independence is also key to being able to take control of their own learning. You can give additional support at home by supporting your child with these skills:

- To dress and undress themselves
- To put on and remove coats and hang them up
- To put on and take off shoes and socks
- To look after their own belongings
- To “have-a-go” before asking for help
- To use the toilet and wipe themselves, then wash and dry their own hands
- To blow their own nose with a tissue
- To tidy up
- To share, take turns and cooperate with other children when playing
- To listen to and follow instructions.
- Regular attendance is important along with a positive attitude to learning.



Home visits

Home visits

- Good communication and positive links between home and Nursery is vital in helping your child transition from home to school (for parents and children). This begins with Home Visits.
- You are the experts in your child. By allowing us to visit you in your home you can tell us about your child's likes, dislikes, needs and ask any questions you may have.
- You may have questions you would not be comfortable raising at school.
- It will also give your child the opportunity to begin to form relationships with the Owlets staff too.
- You will be sent a morning or afternoon time slot and we stay for approximately 15-20 minutes.
- Miss Morley and another member of the Nursery staff will be undertaking the home visit.

Don't forget

Save the date

- **FRIDAY 2nd DECEMBER, 3.15-3.45pm** Parents meeting

For parents and children to meet Nursery staff, explore the environment and learn about how to prepare you and your child for their first weeks.

- **MONDAY 5th or THURSDAY 8th DECEMBER (AM OR PM SLOTS ALLOCATED)**

Individual home visits (date and time in your pack; 20 minutes approximately). Home visits enable a smooth transition and begin to build relationships and communication between home and school.

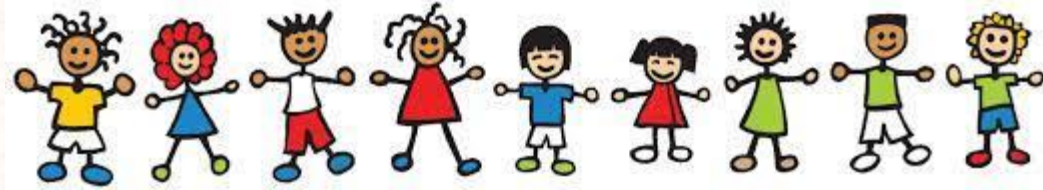
- **WEDNESDAY 4TH JANUARY 2023**

First day at Nursery! (End of week children: start at 12pm)



Settling in

Ways to help at home



Children often settle very quickly and happily into Nursery, but it is not unusual for children to experience a variety of emotions.

- **The night before**: try to keep calm and relaxed, keep your usual routine.
- **The first day**: Give yourself plenty of time to get ready. You are welcome to come into Nursery on the first day but moving forward we do ask that you say a happy “bye-bye” at the door.
- Try not to worry if your child does cry. For some it may be on their first day, for others a few days in, or even a month later after apparently settling well.
- If you find your child is crying when you need to leave be calm and positive, smile and tell them about the favourite toys they will get to play with and reassure them you will be back later, then go. Avoid promises of sweets or presents.
- Please be reassured that staff are used to dealing with children at these times and will be able to calm, distract, settle and comfort them, often more easily when parents are not around.
- If you have given your permission to set up your child’s Tapestry account we can always send you a picture to reassure you that they are fine.

<https://www.bbc.co.uk/bitesize/articles/znhyt39> bedtime routines

Don't forget

No question is too small or too silly. If you have thought of it, someone else might want to hear the answer too.



How to keep in touch

Communication between home and school is vital and there are a number of ways we can do this:

- Face-to-face: quick messages can be passed either at the beginning or end of the day
- Call the school office: call 01342 842010 or email school@burstow.surrey.sch.uk
- Studybugs: please sign up for this app as the school will send messages to you, you are able to message the school or particular members of staff and teachers will pass on reminders about events, things to bring to school or celebrate your child's successes with you.
- Tapestry: an online learning journal of photos, observations and an insight into your child's day at Nursery. You can also add your own observations and share family events too (see the Tapestry App letter for more details)

Please make sure your contact details are correct.

V Vegetarian option

Menu may be subject to alteration, should we experience difficulty obtaining stock



Dinners are ordered half termly.

An alternative of a jacket potato can be ordered for all year groups.

Please collect and return a form from the school office.



Great value for money

A two course nutritionally balanced meal for **£2.60** represents excellent value for money.

Alternative daily desserts include:

Mild Cheddar cheese and water biscuits
Fresh Fruit

Special diets

We support all dietary requirements.

Please complete a dietary request form; which is available via the school office.



Burstow Primary School

Lunch Menu



**Winter/Spring Menu
2022/2023**

31st October 2022
To
31st March 2023

Menu Week 1

Week starting: 31 Oct / 21 Nov / 12 Dec / 16th Jan / 6 Feb / 6 Mar / 27 Mar

Meat Free Monday

Sweet potato, butternut squash
and red lentil curry

Basmati Rice
Sweetcorn

Fruit yoghurt

Tuesday

Sausage and bean cowboy
Casserole

V Plant based sausage and bean

Crushed new potatoes
Mixed garden vegetables

Orange and cranberry flapjack

Wednesday

Roast gammon
V Quorn Yorkshire ham

Roast potatoes, Yorkshire pudding,
Carrots and peas
Gravy

Apple strudel

Thursday

Jacket Potato

Tuna mayonnaise, baked beans
and grated mild cheddar

Fresh fruit sharing platter

Fish Friday

Breaded pollack fillet
V Golden vegetable fingers

Oven chips and
garden peas

Winter berry jelly

Menu Week 2

Week starting: 7 Nov / 28 Nov / 2 Jan / 23 Jan / 20 Feb / 13 Mar

Meat Free Monday

Macaroni cheese

Garden peas
Garlic bread

Banana flapjack

Tuesday

Chicken korma
V Butter bean korma

Jasmine rice and sweetcorn

Pineapple and ginger cake
with custard

Wednesday

Roast beef
V Quorn beef

Roast potatoes, Yorkshire pudding,
garden peas and carrots
Gravy

Melon sharing platter

Thursday

Cottage pie
V Shepherdless pie

Crushed new potatoes
Carrot batons

St Clement's oatle

Fish Friday

Chip shop style fishcake
V Golden vegetable patty

Oven chips and baked beans

Fruit yoghurt

Menu Week 3

Week starting: 2 14 Nov / 5 Dec / 9 Jan / 30 Jan / 27 Feb / 20 Mar

Meat Free Monday

Mediterranean roasted
Vegetable pasta bake

Broccoli
Garlic Bread

Fruit yoghurt

Tuesday

Chilli con carne
V 3 bean chilli

Lightly seasoned potato wedges
Sweetcorn

Fresh fruit platter

Wednesday

Roast turkey
V Quorn turkey slices

Roast potatoes, baby carrots and
peas
Gravy

Peach upside down cake
with custard

Thursday

Thai green chicken curry
V Cauliflower 'steak' thai green
curry

Jasmine rice
Fine green beans

Frozen raspberry yoghurt

Fish Friday

Fish fingers
V Fishless fingers

Oven chips and baked beans

Cherry and coconut oatles

Frequently asked questions

- Does my child have to be out of nappies? No, when the time is right, we will work with you to toilet train your child. Please provide nappies, nappy sacks and wipes. We will let you know when we are running low.
- My child attends Nursery for the first half of the week, where do I collect him/her? At 12pm on Wednesday the part time "beginning of the week" children are collected from main Nursery door.
- Do Nursery children have a uniform? We do have zip-up hoodie but this is not compulsory. They are free to wear their own clothes but **PLEASE DO NOT SEND THEM IN THEIR BEST CLOTHES OR CLOTHING THAT IS DIFFICULT TO MANAGE.** Some children who have older siblings do wear elements of the school uniform; You are welcome to do this.
- Do I take my child's spare clothes bag home every day? No, please leave it with us. We will monitor it and send it home if it needs restocking.
- My child has dietary requirements and/or medical needs, should I inform Nursery? Yes please. Do let us know if there is anything we need to be aware of or if your child has been identified as having speech or hearing issues, for example. Any dietary requirements (for example, dairy free, Halal diet) please tell us so the catering staff can make provision for them.

Frequently asked questions

- **If my child has a place in Nursery will they automatically get a place in a Reception class at Burstow Primary School: NO**, the Local Education Authority manages admissions in to Reception places. You will receive information during the autumn term prior to the September of the school year your child will turn 5 years of age.
- **How do I book and pay for lunch and After School Club? You will be given a SCOPAY code a week or two after your child joins Nursery. This will enable you to book and pay for these facilities. In the first week let us know what your child will be having and we will keep a record.**
- **Do I have to pre-book Breakfast Club or Early Starters? Yes. Breakfast Club is booked through Camp Glide. The children attending Early Starters only, pay through SCOPAY but do not need to pre-book.**
- **Can I pay for extra Nursery sessions? At this time we are unable to offer this.**
- **Can I use both the main room and the Bungalow? At the moment we are able to only offer one option for Nursery provision. We will let you know if this changes.**
- **If someone different is collecting my child what should I do? Please inform a member of staff in advance if any other person will be collecting your child, or call the school office during the day.**



A typical day in Nursery.